

KOBUKAI JUJUTSU BROWN BELT

NAGE WAZA

KANE SUTE
YOKO WAKARE
SOTO MAKIKOMI
HIZA GATAME
UKE OTOSHI
KARADA OTOSHI

JUJUTSU

GUILLOTINE - KATA GURUMA
SIDE HEADLOCK - TSURI ASHI
PUNCHES - UKE OTOSHI
YOKO GERI - OUCHI GARI
REAR HUG FREE - GYAKU UDE GARAMI
REAR HUG FREE - KAITEN HIZA GATAME
FRONT CHOKE - SOKUMEN IRIMI NAGE
REAR STRANGLE - KNEELING IPPON SEOI
GUILLOTINE - KARADA OTOSHI
FULL NELSON - SOTO MAKIKOMI

WEAPON DEFENSE

KNIFE OVERHEAD - KOTE MAKI TORI
KNIFE OVERHEAD - USHIRO OTOSHI
PISTOL FRONT - SOKUMEN IRIMI NAGE
PISTOL REAR - RADIUS TAKEDOWN
PISTOL REAR HEAD - IRIMI NAGE

AIKIJUTSU

WRIST GRAB - SAKANUKI
PUNCH - UDE GEASHI
REAR DOUBLE WRIST - SANKAJO
REAR DOUBLE WRIST - SOKUMEN IRIMI
FRONT CHOKE - IRIMI NAGE
REAR CHOKE - IRIMI NAGE
FRONT CHOKE - JUJI NAGE

NEWAZA

MOUNT/JUJI/SANKAKU JIME
GUARD/SANKAKU/JUJI GATAME
GUARD/UDE HIZA GATAME
GUARD - PUNCH PASS
OPEN GUARD/TOMOE JUJI GATAME
OPEN GUARD/HIZA GATAME
OPEN GUARD - HIZA GATAME
YOKO/OKURI ERI JIME
YOKO/OHTEN SHIME
YOKO/KAITEN KATA HAJIME
ALL FOURS - WAKI GATAME
BACK/SANKAKU JIME
BACK/JIGOKU SHIME
BACK/KAITEN JUJI GATAME
BACK - ASHIKUBI GATAME
HIZA HARA - ASHI GARAMI
KESA/UDE GATAME NI